



Day 1

BYO LUNCH

DINNER

Chicken and Pineapple Pizza with Garden and Pasta or Potato salad.

Day 2

BREAKFAST

Cereal, Fruit, Scrambled eggs, toast and juice. Selection of spreads are Vegemite, Jam or honey.

LUNCH

Beef Burgers.

- Cheese, Tomato, Lettuce, Beetroot, pineapple, Tomato or Barbeque sauce.

DINNER

Pasta bolognese, Garlic bread and garden salad.

Day 3

BREAKFAST

Cereal, Fruit, Pancakes, maple syrup and juice. (Jam and honey as an option)

LUNCH

Chicken Tortilla Wraps. (If off site Chicken Salad Rolls will be offered.)

- Sweet chilli sauce or Mayonnaise
- Lettuce, Tomato, Carrot, Cucumber and Cheese

DINNER

Beef roast and Gravy, Roasted Potatoes, Peas and Carrots with Pasta Salad.

Day 4

BREAKFAST

Cereal, Fruit, Baked Beans and Hash browns, Toast and Juice. Selection of spreads of Vegemite, Jam or honey.

LUNCH

Sausages in Bread, onions, Cheese, Coleslaw. Tomato or Barbeque sauce.

DINNER

Cottage Pie.

Beef mince, mashed potatoes, vegies, garden salad.

Day 5

BREAKFAST

Porridge, Cereal, Fresh fruit and Juice.

LUNCH

Chicken rolls.

Cheese, Lettuce, Tomato, Cucumber and Carrot.

BYO Water bottles. For all meals excluding breakfast and dinner.

Afternoon and Morning Tea options:

Assorted cakes or slices.

Fresh seasonal fruit.

Dessert: (Will be one of the following)

Apple Crumble with Custard

Chocolate Moose

Chocolate Tart

Lemon Tart

Lime Jelly

Raspberry Jam Tart

SUPPER

Fresh seasonal fruit

**Please note that meals may be served on alternative days and are subject to change*

Allergan options. We will always cater for food allergies, anaphylaxis, religion, Vegetarian and Vegans.

Afternoon and Morning Tea options:

Assorted cakes or slices include the following.

Ingredients included in all cakes and slices are.

Cakes: Butter, sugar, eggs, milk, vanilla essence, self-raising flour

Slices: Biscuit crumbs, butter, coconut, icing sugar

Muffins: Milk, oil, sugar, Vanilla essence, self-raising flour

Cookies: Butter, sugar, eggs, vanilla essence, self-raising flour

Cakes	Chocolate cake	Coco powder
Cakes	Orange cake	Orange cordial
Cakes	Apple cake	Diced apple, cinnamon
Cakes	Sponge cake	Sponge cake mix powder
Cakes	Caramel cake	Caramel topping
Muffin	Banana bread	Banana, dates, cinnamon
Muffin	Vanilla cupcakes	Sponge cake mix powder butter cream icing
Muffin	Blueberry muffins	blueberries
Muffin	Choc chip muffins	Choc chip
Slice	Hedgehog	Coco powder
Slice	Lemon slice	Lemon juice
Cookie	Apricot and white chocolate cookies	Dried apricots, white chocolate
Cookie	Choc chip cookies	Chock chips

Dietaries option for small meals:

All cooking contains the following plus the extras in the index below.: Nuttalex butter, sugar, vanilla essence, gluten free self-raising flour.

All Muffins contain the following plus the extras in the index below: Soymilk, Veg oil, vanilla essence, gluten free self-raising flour

Muffin	Blueberry muffin	Blueberries
Muffin	Chocolate muffin	Coco powder
Muffin	Banana muffin	Banana, maple syrup
Cookie	Apricot and coconut cookie	Dried apricots, coconut
Cookie	Chocolate cookie	Coco powder, dates

Dessert: Ingredients include

Apple Crumble with Custard	Diced apple, sultanas, sugar, wheat, butter, oats, flour
Chocolate Moose	Nestle Moose mix power, light milk
Chocolate Tart	Nestle Moose mix powder, light milk, butter, flour, egg, vanilla essence chocolate button on top
Lemon Tart	Lemon juice, eggs, milk, vanilla essence, corn flour, biscuit crumbs, butter, sugar
Lime Jelly	Jelly crystals
Raspberry Jam Tart	Raspberry jam, raspberry cordial, biscuit crumbs, butter, raspberry crystals.

Dietaries option.

Lemon or lime sorbet, Lactose free vanilla icecream.

All meals are Halal certified. All meals are prepped and baked on premises.