



WEEKAWAY ACTIVITY DESCRIPTIONS

WEEKAWAY LED ACTIVITIES

The following activities are run by Weekaway instructors with the assistance of accompanying adults.

Canoeing

Students learn and develop paddling techniques, teamwork and communication skills using a combination of games and instruction both on land and water.

Crate Stack

This activity is conducted by Weekaway staff with school staff assistance. It involves students constructing as the climb a stack of milk crates, endeavouring to climb as high as they can. Full harnessing and belay system is used for safety.

Flying Fox

High ropes activity involving walking of a platform and ziplining across the bush. Determination and courage are often qualities observed on this activity.

Glider Possum

One participant is fitted into a full body harness and helmet and attached to a rope directly below a pulley. Other group members are fitted into sit harnesses and attached to the other end of the rope. The group is instructed to run to a given point order to raise the participant into the air. The lift usually starts the participant swinging in a pendulum motion midair.

Laser Tag

Laser tag in the bush, geared up in Camo suits depending on the time of year. Various games and activities to help groups work as a team and be competitive in a positive fun environment

Mountain Biking

Mountain bikes activity provided by Weekaway includes playing games, leaning the basics of mountain biking and heading out on a trail around the bush. Guests/Participants to bring their own helmets.

Raft making

Using various pieces of equipment, Poles, barrels, plastic containers, ropes, Piping to construct a raft and get your whole team to the island.

Environmental Bush Hikes

Environmental bush hikes, encourages participants to get involved in the natural environment of Weekaway by walking through the environment while learning facts and participating in activities based around the environment.



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TEACHER LED ACTIVITIES

The following activities are run by accompanying adult/staff

Archery

(Ran by trained school staff)

Participants will need a steady hand, accuracy and control to learn the basics of archery

Damper Cooking

Making damper (bush bread) and cooking it over the open fire outdoors.

Hut Building

Heading to the hut build hill and using creativity alongside survival instinct to create a place to survive using only what they can find.

Initiative Course

Choice of 8 static elements that involve problem solving and team work to solve and complete the activities.

Rogaining

Similar to orienteering, participants will use a map to navigate their way around camp finding clues along the way.

Ropes Course

Low level ropes course with various static obstacles challenging each individual participants with their balance and resilience and figuring out methods to help each other complete the course with variations of difficulty.

Team / Bush Rescue

First aid and rescue scenario – GI Jane (mannequin) has become injured! The guests will build a stretcher for her and take her on a survival mission where clue will be given to locations and various tasks. The aim is to keep Gi Jane alive.

The Maze

A large wooden maze where by the participants run around solving riddles to unlock the prize and collect flags.

Travel The world

Activity involving flags and questions around camp with an information station, testing the participants knowledge of countries, continents, cuisine and other cultural questions.

Awareness course

Involve the guests working together as a team developing their sense awareness with build-up games. This will then lead them to a ropes course where they will be blind folded and using their sense to complete the course working a team and communicating.



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Yabbing

Using meat on a stick participants try to see how many yabbies they can catch in the session competing against the other activity groups to get the most.

Environmental Bingo

This activity involves participants exploring the environment of camp to find the items to achieve bingo.

Yoga/meditation

Participants will complete basic yoga/meditation sequences either indoors or outdoors. They will also have the opportunity to participate in some activities and games that use yoga/meditation.

Photo scavenger hunt

Involves participants running around camp trying to locate where the photo was taken based of the clue and part of the photo.

Ball games

Participants will have the opportunity to be involved in games such as volleyball, gaga ball, basketball (half court) and more.

Team building/initiatives

Participants will complete a series of small activities/challenges that involve teamwork, critical thinking and leadership.

Swimming

Supervised by qualified school staff, we require a copy of water qualifications, participants will have the opportunity to swim in one of our dams.

NIGHT TIME ACTIVITIES

These are facilitated by you the accompanying adults, Weekaway staff will help to provide equipment and resources.

- Camp Fire (unless prohibited by Fire Restrictions/ Weather Conditions)
- Night Walks
- Movie night



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WHOLE GROUP ACTIVITIES

Large groups of children working towards the same goal. Opportunity to meet new people in the school. Generally, they will branch into small groups within the large group.

Bush Day

A half day activity that involves the whole school heading out to our dedicated bush day lactation to make fires and make/cook damper over the fires. Participants will then head up the hill to test their survival skills in making a bush hut. The session will finish up with lunch being survived by the fires created earlier in the session.

Duration Approx 9am – 1pm

Capacity – This is a whole school activity

Initiative Course

This activity involves 8 small team building activities that groups will rotate through round robin style. Participants will require teamwork, leadership and critical thinking skills to solve these challenges.

Duration Approx 9.00am – 12.00pm / 1.30pm – 4.30pm

Capacity 105 Guests 7 groups of 15 max. Alterations can be made for larger groups.

Yabby Person Contest

Involving the whole school, a relay style activity involving batons and various tasks set out by the Weekaway staff team. Generally ran at the end of the week.

Duration – 9.30am – 12pm

Capacity 100 +